

## Choose a Confirmation name and write a biography about that saint

A part of the Confirmation process is choosing a saint and writing a report about that saint. The name of the saint you have chosen is the name that you will be confirmed under. For example, if you choose Saint Anthony, you will be confirmed: "Anthony, be sealed with the gift of the Holy Spirit."

There is a great significance in taking on the saint's name as your own. In both the Old and the New Testament, when God had a mission for someone, He often gave them a new name when God asked them to take on new duties and responsibilities. For example, Abram became Abraham, Jacob became Israel, and Simon became Peter. (To find out what happened to these people, check out Genesis 17:1-8, 32:23-29 and Matthew 16: 13-20).

You may be wondering why you had to write a report about a saint. The report is just a way to get to know more about the saint that you are choosing. For example: Saint Cecilia is the patron saint of musicians and Saint Francis of Assisi is the patron saint of animals. Your Confirmation name should be that of a saint you admire or the saint's name of someone you know and look up to as a Christian role model. So, choosing a saint and taking on their name is not just one more thing you "have to do" to get Confirmed. It is a large part of this important step in your life and a reflection of the beauty of the Catholic faith.

To choose a new name symbolizes a new beginning in your faith life and a connection with a special person or saint who will be a model for you to follow. This choice would be especially appropriate if you feel you are making a renewed commitment to your faith. Your renewed commitment would be symbolized with your taking a new name to show that you are, in some ways, a new person. This new name would be used after your middle name and before your family name.

Have fun with this, go on-line and research a saint that says something about the person/Catholic you are or hope to be!!

