

Who can be a Confirmation Sponsor

Choosing a Confirmation Sponsor:

Imagine having the opportunity to choose your own coach in the sport or activity of your choice. You would choose someone who is familiar and knowledgeable about the sport or activity, and actively involved as a participant. Your coach would be someone who could help you become a better athlete or participant. Your coach is often a role model for you as well.

Living as a Catholic today is more than just showing up at Mass. It involves the conscious choice to live as a Catholic and to be “Catholic.” The individual you select as a sponsor will be a type of spiritual coach – someone who goes beyond just “looking Catholic” and is an individual who makes the internal choice to “be Catholic”. Your sponsor will be a role model and guide who will help you to grow in your faith, guide you in what steps you need to take to do that, and make suggestions to help you in the right direction for your life. Your sponsor also will be responsible for making sure you act as a true witness to Christ and that you have prepared for this Sacrament.

Who May Be a Sponsor?

Sponsor qualifications are not particular to Saint Mary’s but are part of the Church’s Code of Canon Law. As a result, no one has the authority to alter or change these qualifications in any way.

- Must be at least 16 years of age or older;
- Fully initiated (that is, baptized, confirmed, and already have received communion)
- Regularly worships at Sunday Mass
- Free of any restrictions (if married, the marriage must be recognized by the Catholic Church)
- May not be a parent of the person being confirmed
- ALL Confirmation sponsors must obtain a “Sponsor Certificate” or “Letter” from their registered parish stating that they are eligible to serve as a sponsor. (If you are using a proxy sponsor, he or she must also meet the above criteria).

*As a candidate, you may wish to consider asking one of your Godparents to be your sponsor since there is an integral connection between Baptism and Confirmation.

